

Steroids (Anabolic)



Brief Description:

Human-made substances related to male sex hormones. Some athletes abuse anabolic steroids to enhance performance. Abuse of anabolic steroids can lead to serious health problems, some of which are irreversible.

Effects:

Major side effects can include liver tumors and cancer, jaundice, high blood pressure, kidney tumors, severe acne, and trembling. In males, side effects may include shrinking of the testicles and breast development. In females, side effects may include growth of facial hair, menstrual changes, and deepened voice. In teenagers, growth may be halted prematurely and permanently.

Statistics and Trends:

In NIDA's 2005 Monitoring the Future study, 2.6% of high school seniors reported using steroids at least once. Source: NIDA Infofacts: High School and Youth Trends.

View Complete Report:

<http://www.nida.nih.gov/infofacts/steroids.html>

Additional Sources of Information on Steroids :

www.steroidabuse.org

National Drug Control Policy

Parents: The Anti-Drug

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